

Team Juggling (10 minutes)

7. Have group get on their knees and do the same process as step 7, but this time gently toss underhand.
 - *the challenge is to not have the ball drop*
8. Have the group stand up and repeat step 7.
9. Add a second ball and do the same, starting ball 1 with person #1 and ball 2 with person #4.
10. When the group has done this successfully several times, add a third ball, giving the balls to #1, #4 and #7. Do this several times.

What's Important!

Mini Process

Before adding the last ball, Leader asks:

1. What are we doing to be successful as a group?
2. How are those actions similar to what we need to do in order to be successful in high school?

Then Leader Says:

Now that we have some strategies for success in school, let's see how we do when this activity gets a little bit more challenging.

11. Add a fourth ball giving it to person number 10 (or 11 if you have 12 people in your group).

Remind them to put name tags back on!

Outro: *"We've learned each others' names, met some challenges as a group and talked about what it takes to be successful in high school. I think it's time to get to know each other a little bit better."*