

# Team Juggling (10 minutes)

FUN vs FUNNY

**Intro:** "High school is a busy time with a lot of new challenges and responsibilities. While this next activity is fun, it also shows how hard it is to keep everything together when you have so much going on. Let's see how we do."

## Set Up & Rules

1. Your group is standing shoulder to shoulder so now assign sequential numbers to each of them going around the circle and have them notice who is standing to their left and who is standing to their right.
  - you are always number 1
2. Ask them to move around in the circle, making sure that they are not standing next to either of the people whose number is before or after theirs.
3. Have each person say their name and their number, starting with you (#1) and going sequentially until it returns to you.
  - have the group sit down
4. Then have them do that again but this time pay attention to who comes after them in order.
5. Have them say the person's name following them.
  - do this twice
6. Have person #1 roll the ball to person #2, then #2 to #3 and so on around the circle in number order, saying the person's name before the ball is rolled.
  - do this twice around with one ball

### What's Important!

you want the group to succeed. ~~but~~ however that may be, maybe only two balls.

if it gets out of hand - it's an underhand toss & the goal is to not drop it.

call them tape balls or frosh boys "grab your balls"

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