

Count Off (8 minutes)

Intro: "You're going to be faced with some new challenges in high school and I want you to know you're not alone. Let's meet this first challenge together. It's pretty simple, we are just going to count from 1-20, but we are going to do it in a different way to make it a little more challenging."

Why do this activity?

(relevance)

communicating
non-threatening, safe
everyone participates
can find success eventually
failure is together

Set Up & Rules

1. The numbers must be said in consecutive order 1-20 by all different people of the group.
2. The group cannot discuss strategy or point at people to indicate who goes next.
3. While the numbers must be said in consecutive order, the group cannot say them in an organized pattern such as going around the circle.
4. Each person in the group must say at least one number and no person can say more than three numbers.
5. If two people say the same number at the same time, the group starts over.

What's Important!

transition
clear rules
practice

Fail - don't let them
create cues.
too easy? eyes closed

Outro:

"Now that we've met that challenge as a group, let's learn who we are by finding out each others' names."