

Do What You Are

Completed on Mar 31, 2020 for Aubrey Powers

Overview Details 

Your personality type is: **ESTJ**

You Described your profile as: **Mostly Accurate (75%)**

Extraverts prefer to:

- focus their attention outward
- work on a variety of tasks
- seek out and interact with many people
- work at a rapid pace
- talk about their ideas to think them through

Judgers prefer to:

- make many decisions as part of their work
- work in a predictable environment
- complete their responsibilities before relaxing
- maintain control over projects

Sensors prefer to:

- focus on "what is" rather than "what could be"
- work with real things rather than ideas
- apply past experience to solving problems

- receive specific and realistic directions

Thinkers prefer to:

- analyze problems logically
- weigh pros and cons, and make decisions objectively
- be tough negotiators
- be motivated by achievement

Of the many factors that contribute to a successful education and subsequent career, an understanding of personality type is among the most useful.

While interests and skills change during the course of a person's life, the one thing that does remain constant is an individual's personality type — the innate way in which each person naturally prefers to see the world and make decisions. All individuals are unique, but people of the same type share large similarities in the kinds of academic subjects and careers they find interesting, and the kind of work they find satisfying.

By understanding the role personality type plays, people can gain important insights into their educational, career and relationship needs. And because people of different types often communicate in very different ways, counselors and advisors can learn which strategies work most effectively with each individual student.

Understanding you, Aubrey

People like you are outgoing, responsible and quite strong-willed. You like to be around other people and are talkative, friendly and confident. You prefer to be in charge of any situation, and are usually good at organizing events and groups of people.

Since you are so concerned about fairness, and have very clear opinions about what's right and wrong, you tend to become annoyed when people make exceptions to the rules or simply ignore them altogether. Outspoken, honest and direct, you may sometimes interrupt or bluntly offend someone without even realizing it. You are naturally quite organized and

productive, make quick decisions, and like to finish one project neatly and on time before starting another.

You are also a realistic and practical person. You prefer activities that are hands-on and have some constructive use. While you probably have a great memory for facts and details, you become bored or frustrated with too much theory or with long discussions about things that may never happen. You prefer to be busy and physically active and may be skeptical about trying new things or changing your routine.

Your many friends admire your strong work ethic and know you to be a person who does what you say you will do. But in your desire to have things settled and decided, you may sometimes act a bit controlling or inflexible. You like to know what others expect of you, and you strive to fulfill all of your commitments precisely and completely.

Note: Based on our assessment, your personality type is "ESTJ."

Your Strengths and Blindspots

Everyone has strengths and weaknesses. The key to finding the best path for all people is by using their natural strengths and becoming aware of their natural blindspots.

Your strengths may include:

- Being well-organized and prepared
- Making reasonable decisions based on collecting lots of facts
- Presenting yourself as a hardworking, responsible person
- Setting realistic goals and making sure you meet all important deadlines
- Completing all applications and paperwork thoroughly

Your blindspots may include:

- Closing out options prematurely and making decisions too quickly
- Being unwilling to explore possibilities you haven't previously considered

- Not anticipating how decisions you make now may impact your future
- Being too serious, and not friendly or enthusiastic enough in conversations
- Focusing *too* much on details, and not presenting yourself as a well-rounded individual

Your College Satisfiers

- Instructors who are competent, well-prepared, and who have real-life experiences to back up the theory they teach
- A solid curriculum that teaches practical skills that will help you achieve specific career goals
- Course objectives and syllabi that are clearly laid out by instructors who provide explicit instructions and grade fairly
- Lots of clubs, organizations and activities that will give you the chance to demonstrate your sense of responsibility and hone your leadership skills to improve the quality of life on campus
- An advisor system that provides structure, while allowing you plenty of control over your schedule and activities

Your Career Satisfiers

- Let you work in a fairly structured, organized environment
- Give you a fair amount of control and responsibility
- Allow you to use skills you already have, but also learn new ones
- Be evaluated fairly and have a clear idea of what is expected of you
- Take place in a friendly environment with other hardworking and conscientious people
- Let you be productive and follow established systems
- Involve working with a variety of different people and tasks
- Allow you to exercise your leadership ability

Your Preferred Learning Style:

While ALL individuals are unique, people of the same type often learn best in similar ways. The following summarizes what you need in order to maximize learning:

- Plenty of opportunity for interaction with others
- Clear expectations and explicit instructions
- Emphasis on the practical value of what you are learning
- Frequent feedback to make sure you're completing assignments correctly
- A focus on what's real: facts and details rather than abstract theories
- Rewards for being responsible, hardworking and meeting your goals

Your Interpersonal Negotiating Style

People negotiate with each other all the time, whether it's arranging to borrow the car, requesting more time to finish a project, or even deciding which restaurant to visit with friends. In school and at work, the ability to negotiate effectively is especially important. Following are some strengths and blindspots that have the potential to influence your negotiations with others.

Possible Strengths

- Realistic and focuses on practical solutions to problems
- Responsible, trustworthy and fair-minded; communicates reliability and stability
- Organized, well-prepared, and makes efficient use of time
- Makes logical and objective decisions; doesn't take things too personally
- Pays attention to important details and is accurate with facts

Possible Blindspots

- May have difficulty establishing rapport and accepting others' values

- May make decisions prematurely before considering all options
- May be unable or unwilling to consider non-traditional approaches or solutions
- May not be flexible or adaptable enough when you need to change your position
- May be unable to fully grasp the long-term implications of current actions