

7th Grade Social Studies | Renaissance Unit Savory Zucchini Galette Recipe

Ingredients:

Crust

- 1 1/2 cups Unbleached All-Purpose Flour
- 1/4 cup grated parmesan cheese, optional
- 1/2 teaspoon salt
- 1/2 cup (8 tablespoons) cold unsalted butter
- 5 to 6 tablespoons cold water

Filling

- 1 large zucchini, sliced into 1/4"-thick disks
- 2 teaspoons Pizza Seasoning, or other dried herb and spice blend, divided (like oregano, parsley, and thyme)
- 1/2 pint cherry or grape tomatoes, halved
- 3/4 cup ricotta cheese
- 1/4 teaspoon salt
- freshly ground black pepper, to taste
- 1 teaspoon fresh lemon zest (grated lemon rind), optional
- 1 large egg
- 1/2 cup grated Parmesan cheese, divided

Egg Wash

1 large egg beaten with 1 tablespoon water

Directions:

1. **To make the crust:** Whisk together the dry ingredients. Work in the butter until the mixture is crumbly. Drizzle in 5 tablespoons of water, stirring gently until everything is evenly moistened; add the final tablespoon of water if necessary to make a cohesive dough.

- 2. Pat the dough into a disk, wrap, and refrigerate for 30 minutes.
- 3. **To make the filling:** Preheat the oven to 425°F. Lightly grease (or line with parchment) two baking sheets.
- 4. Place the zucchini slices on one pan and sprinkle with 1 1/2 teaspoons pizza seasoning.
- 5. Place the tomato halves on the second pan and sprinkle with the remaining pizza seasoning.
- 6. Roast the zucchini and tomatoes until tender, about 15 to 20 minutes for the zucchini and 10 to 15 minutes for the tomatoes.
- 7. Remove the zucchini and tomatoes from the oven and allow to cool for 10 minutes.
- 8. Combine the ricotta, salt, pepper, lemon zest, and egg until evenly blended. Set aside.
- 9. **To assemble the galette:** On a lightly floured work surface, roll the dough into a 12" circle. Transfer the dough to a parchment-lined baking sheet.
- 10. Spread the ricotta mixture over the dough, leaving a 2"-wide bare strip along the perimeter.
- 11. Sprinkle half the Parmesan over the ricotta, then shingle the zucchini slices over the cheese and scatter the tomato halves on top.
- 12. Fold the bare edges of the dough into the center.
- 13. Brush the exposed edges of the crust with egg wash, and sprinkle the remaining Parmesan over the whole galette.
- 14. Bake the galette for 25 to 30 minutes, until the crust is golden brown and the filling is bubbling.
- 15. Remove the galette from the oven and allow it to cool for 5 to 10 minutes before serving