

Types of changes

A. Governmental Policies

elected officials

laws and programs

whose needs or rights are being disregarded?

whose needs or rights are protected or favoured?

what our culture values and emphasizes

who/what is celebrated?

what our culture does not value or disregards

who/what is ignored or disregarded?

Societal pressures or messages and their effects

Political candidates

support?

diff. types of businesses & corporate leaders

oppose?

C. Business Practices Economics, & the Pursuit of Profits

who is harmed in the process?

Profit for whom? Who benefits? Who suffers?

things we should do mindfully, with awareness

D. People's personal behavior & choices

things we do automatically, habitually, or unconsciously

daily choices & behaviors that make a difference